

# Western Suburbs Australian National Football Club

## Injury report form

Name of injured person.....

Date of injury.....

Place of injury.....

### Outcome

Games missed

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### What happened

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### Event

Game

Q1

Q2

Q3

Q4

Warm-up

Break between quarters

Cool down

Practice

Weights

Other

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### Activity

Running

Kicking

Marking

Handballing

Tackling

Lifting weights

Other

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### Ground conditions

Dry

Wet

Muddy

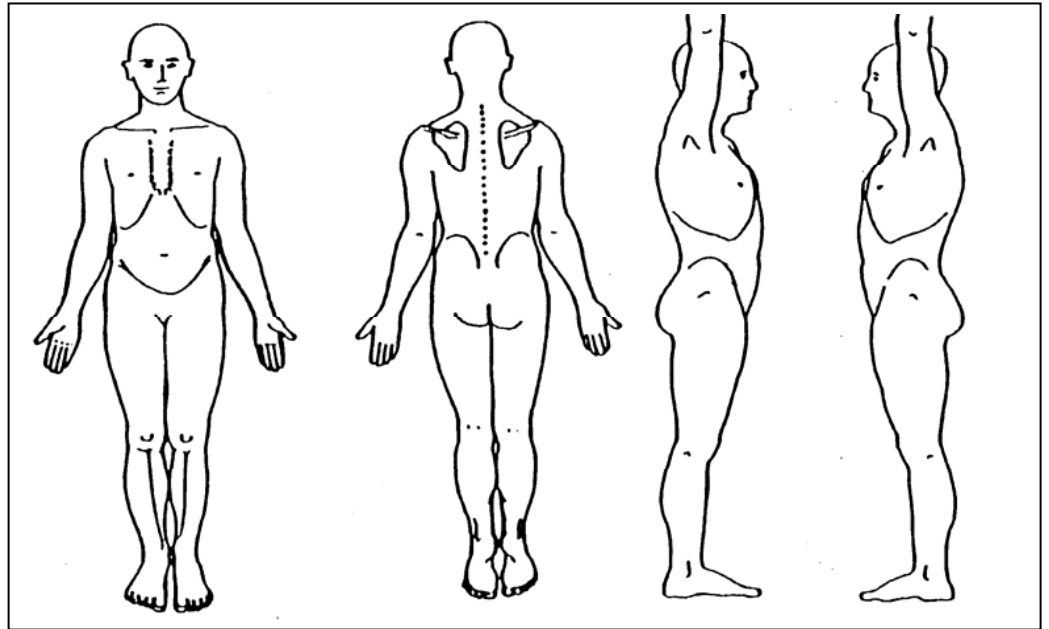
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**Describe the injury**

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**Type of injury**

- Superficial
- Bruise/swelling
- Laceration
  
- Ligament sprain/strain
- Muscle sprain/strain
- Tendon sprain/strain
- Dislocation/subluxation
- Fracture
  
- Concussion
  
- Internal injury
  
- Other injury

**Location of injury****Head**

- Cranium
- Face
- Nose
- Mouth
- Eye
- Ear
- Other

**Neck**

- Neck

**Trunk**

- Back - upper or lower
- Chest (thorax)
- Abdomen and pelvic region
- Other trunk

**Upper limb** Right  Left 

- Shoulder
- Upper arm
- Elbow
- Forearm
- Wrist
- Hand
- Finger
- Thumb
- Upper limb - other

**Lower limb** Right  Left 

- Hip
- Upper leg
- Knee
- Lower leg
- Ankle
- Foot
- Toe
- Lower limb - other

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**Management**

- At ground
- Physio
- Hospital

**Person completing form**

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